

**REPORT ON SAFE & NUTRITIOUS FOOD FESTIVAL
AT DPS RK PURAM
(3rd Feb'2018)**

Twenty Students Health & Wellness coordinators along with 4 Teacher Health & Wellness Coordinators from the 4 Municipal Corporation Schools, where snf@school is being implemented by Child Survival India & Save The Children, with the support of Mondelez, attended the “Safe and Nutritious Food Festival” organized by the Delhi Public School, R.K. Puram on 3rd February 2018.



Students from classes VI to XI from 16 schools from across Delhi participated in the interschool competitions based on the theme of Safe & Nutritious food:

- a. **Nutritious Can Be Delicious:** An On-the-Spot Fireless Cooking Challenge had students making nutritious sandwiches, Salads, drinks using sprouts, curd, fruits, dry fruits, cereals, biscuits etc.
- b. **Eat Right, Be Right:** It was a team based quiz event that had questions on balanced nutrition, sources of food, healthy & unhealthy foods etc.
- c. **Healthy Self, Heal Thyself:** A Just-A-Minute Competition based on snf@school curriculum





A street play on good food habits was performed by the students of DPS RK Puram.



Children were particularly delighted to meet Master Sehat and Miss Sehat, the Mascots of SNF@School, who were giving information about healthy eating habits.

Feedback from Students & Teachers :

“I saw different types of salads and would love to make and eat those healthy salads at home with my Ammi.”

--Humayun, Student ,MC Primary School ,Gali Kasim Jaan (Boys)

“This kind of event is a good exposure for our students and It is an interesting way of disseminating information on safe and nutritious food among the school children. We will also plan and do something like this in our school.”

--Mrs Vanadana Sharma , Teacher, MC Primary School, Muftiwalan -I