

DAY 17, November 01, 2018 (Thursday)

Track No.	City	Summary	Images
Track 1 (Leh-Delhi)	Baramulla	Prabhat pheri began in the presence of Chief guest, ADC, Baramulla, Guest of Honour, District Information Officer, Principal, Girls' Higher Secondary School, Baramulla. District Information Officer spoke on the event about the importance of health, food safety and SBY. The team halted in Tangmarg due to snowfall and rain.	   
Track 2 (Panaji-Delhi)	Khed	Prabhat pheri began at Khed, Ratnagiri where NCC cadets and NSS volunteers performed the traditional Lejhim. Approximately, 200 people participated in the prabhat pheri who persuaded people to reduce HFSS. Kids performed Yogasanas. During 1st activation at Yogita Dental College, Khed, a health check up camp was organised. Sh. Syed Hashmi, Astt. Commissioner spoke of healthy life style. Around 120 people participated in the event. 2nd activation point was at Shivaji Chowk, Khed where around 100 people participated and pledged to Eat Right.	    
Track 3 (Thiruvananthapuram-Delhi)	Karur	Prabhat pheri started from Karur with chief guest, SP, Karur. Other participants included Distt. Sports Officer, Industry Association Representatives, NSS NCC students, students from Nursing College. First activation at Valluvar Arangam. Participants performed yogasanas and took the Eat Right pledge. Second activation at Bharani Park Higher Secondary School, Karur. A competition on Safe Food Preparation organised for students from 6th - 8th Std in which 870 students participated. A drawing and rangoli competition on food safety were also organised. Third activation at Government Arts College, Karur with 400 college students. The event was inaugurated by DRO of Dindigul. A skit on food safety was enacted by college students. Another mime on health impact of consuming too much maida was also performed by the students. Yet another mime on safe and fortified food, food labeling, etc was performed. A government doctor from PHC, Thanthondimalai, Panchayat, Karur spoke about prevalence of anemia specially among young girls. Apart from city activations, three schools at different locations also understood about the objectives of SBY and took oaths for eating right.	    

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Track 4 (Puducherry-Delhi)	Guntur	Prabhat pheri was inaugurated at Guntur by Chief Guest, Mr. Imtiaz, IAS, Joint Collector, Guntur. DR. Mrs.P.Sucharitha Moorthy. Testing of food samples was demonstrated for locals. Health camp organised by IMA for routine check-ups.	
Track 5 (Ranchi-Delhi)	Nawada	Prabhat pheri began from Collectorate Office, Nawada. Around 700 participants which included NCC cadets, school children, scouts and guides, Nawada Administration SDO, Sh. Anu Kumar, DPRO, Gupteshwar, Civil Surgeon, Dr. Shrinath, NCC Commander Col. Arvind Rana, Dist. Prog. Officer, Sh. Taslim Ahmed Jaffery and other officials. People rallied through Prajatantra Chowk, Hospital Road, bus stand, Prakhand Karyalaya. 1st activation at Bhagat Chowk Bus Stand, Nawada. Second activation at Town Hall, Nawada. The second activation took place at town hall, Nawada. It started with lighting of lamp by DM, Nawada, Shri Kaushal Kumar joined by SDO, Civil Surgeon, DPRO. The DM stressed on need of cleanliness, balanced diet, eating safe, healthy and fortified foods . He also stressed on testing of food samples during this festive season by food safety on wheels vehicle { FSW } . The other speakers Dr. Shrinath, Mr. Mukesh Kashyap, FSO Nawada and Gaya, also addressed people regarding the benefits of consuming less salt, sugar, and fats.	
Track 6 (Agartala-Delhi)	Imphal	Prabhat pheri was flagged off by Shri. L. Jayantakumar Singh, Hon'ble Minister of Health and Family Welfare, Art and Culture, CADA and Law & Legislature. The Prabhat Pheri was led by a contingent of Manipur Rifles band, 100 NCC cadets, 40 nursing school students, 60 school students, 200 official of Health Department/East Imphal Zila Parishad and 100+ common citizens.	