Food regulator FSSAI today said it will soon come out with new regulations relating to labelling of packaged food products and incorporate the expert panel’s suggestions for reducing consumption of fat, sugar and salt.

The Food Safety and Standards Authority of India (FSSAI) will also frame a definition of junk food, its CEO Pawan Kumar Agarwal said.

Asked whether the FSSAI would implement the suggestions made by an expert panel set up by it, he said that many recommendations are beyond the regulator’s jurisdiction.

“We are bringing change in labelling regulations. We are making a big change,” Agarwal told reporters here.

He said the FSSAI would, for the time being, incorporate the panel’s suggestions related to labelling of food products.

An expert panel set up by FSSAI has recommended additional tax on highly processed food items and sugar-laced beverages as well as a ban on advertising of junk foods on children channels or during kids shows on TV.
It has suggested that informations like total calories, amount of carbohydrates, sugar, fat, protein, sodium, dietary fibre, amount of trans-fat added in food should be mandatory for labelling in food products.