## DAY 4, October 19, 2018 (Friday)

<table>
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<th>Track No.</th>
<th>City</th>
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<tr>
<td>Track 1</td>
<td>Sonmarg</td>
<td>Prabhat pheri was inaugurated by Food Safety Commissioner J &amp; K in Sonmarg</td>
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(Day 4, October 19, 2018) Sonmarg: Prabhat pheri was inaugurated by Food Safety Commissioner J & K in Sonmarg.
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<td>Track 2</td>
<td>Panaji - Delhi</td>
<td>Prabhat pheri with NCC cadets of S. P. K.College, Sawantwadi in the presence of Lt. Sachin Deshmukh. Cyclothon flagged off from Sawantwadi and city activations at various points. Baton passing at Sawantwadi by Sh. C.B. Pawar, Jt. Commissioner and Sh. Desai, Jt. Commissioner, FDA, Maharashtra, CTO Sachin Deshmukh, NCC to Malvan.</td>
<td><img src="image1.jpg" alt="Image 1" /> <img src="image2.jpg" alt="Image 2" /> <img src="image3.jpg" alt="Image 3" /> <img src="image4.jpg" alt="Image 4" /></td>
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<td>Track 3 (Thiruvanathpuram-Delhi)</td>
<td>Thuckalay-Kanyakumari</td>
<td>Cycling started with pledge and slogans. Great enthusiasm among the cyclist, officers and locals. Approx 75 cyclists flagged off the yatra from Grace Teachers' Training Institute, Thuckalay in the presence of Shri Rahul Nath IAS, Adnl.Collector. KLF Nirmal Industries, Perundurai extended support to Swasth Bharat Yatra. Cyclists are welcomed at Rajakamangalam. Exhibition by ICDS, DART demos, etc. Yatra reaches Kanyakumari and is welcomed by Shri. Prateek Tayal, IAS Asst.Collector of Kanyakumari.</td>
<td><img src="image1.jpg" alt="Image 1" /> <img src="image2.jpg" alt="Image 2" /> <img src="image3.jpg" alt="Image 3" /> <img src="image4.jpg" alt="Image 4" /></td>
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<td>Mahabalipuram-Chennai</td>
<td>Flag off from Adyar Bhawan, Mahabalipuram. Cycling rally from Mahabalipuram to Chennai, Kandanchavadi. Second transit activation point, cyclists reach cyclist at Gandhi Mandapam, Chennai for baton passing. Hon’ble Health Minister of Tamil Nadu, Dr Vijaya Bhaskar was chief guest. Food Safety Exhibition held. Mega event on food safety held.</td>
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<td>Track 5</td>
<td>Chakradharpur</td>
<td>SBY reached Chakradharpur.</td>
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### Track 4 (Puducherry-Delhi)

- **City:** Mahabalipuram-Chennai
- **Summary:** Flag off from Adyar Bhawan, Mahabalipuram. Cycling rally from Mahabalipuram to Chennai, Kandanchavadi. Second transit activation point, cyclists reach cyclist at Gandhi Mandapam, Chennai for baton passing. Hon’ble Health Minister of Tamil Nadu, Dr Vijaya Bhaskar was chief guest. Food Safety Exhibition held. Mega event on food safety held.

### Track 5 (Ranchi-Delhi)

- **City:** Chakradharpur
- **Summary:** SBY reached Chakradharpur.
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<tr>
<td>Track 6</td>
<td>Aizwal</td>
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