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NL Correspondent  
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District Development Commissioner, Showkat Aijaz Bhat, today inaugurated awareness cum training program at Government Higher Secondary School (GHSS), Ramban, organized by the Food Safety and Standards Authority of India (FSSAI). The event conducted under the supervision of Commissioner, Food Safety, Dr. Abdul Kabir Dar, was a part of the ongoing nationwide Swasth Bharat Yatra (SBY), “Eat Right India” movement.

Speaking on the occasion, DDC focused on the scale and scope of the outreach activities and the key messages of Eat Right India movement and Swasth Bharat Yatra. He said that due to unsafe food and poor diet, people have to face numerous health challenges. He stressed upon the participants especially youth to join the Swasth Bharat Yatra and disseminate the core message of “Eat Right India” movement among the public of rural and far-flung areas so that they can enjoy healthy lifestyle.

Deputy Director FSSAI informed that “Eat Right India” movement Yatra including the Cyclothons after starting from Leh on 16th October and crossing various districts of the valley reached Ramban yesterday evening. It will culminate at Delhi on January 2, 2019. During the programme, resource persons imparted training to the participants about the importance of mission.

Later, a rally by the students and NCC cadets was flagged off by the CMO, Dr. Saifudin Khan, in presence of 1st officer NCC Raj Singh Raju, which passed through the Ramban bazar spreading message on the importance of right eating habits. Deputy Director FSSAI, Pritha Gosh, CMO, Dr. Saif-ud-Din Khan, Principal of host school, Parshotam Singh Gauria, Technologist, FSSAI, Shantanu Gupta were the resource persons and Cyclist Samrat Mulak, President QRT along with members, President Beopar Mandal,
prominent citizens, traders, ICDS workers and NCC cadets besides other stakeholders attended the function.