FSSAI IN NEWS

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FSSAI All Set To Make Food Safer In The Country

With the rising issues of food safety, FSSAI has taken a serious approach to issues like safety and standards, including labelling of packaged products, which has led to a sharp rise in the number of notices, orders and guidelines issued by it since 2015.

Also, with the wide expansion of packaged food industry, there is a real need to let the customers know what they are consuming. “Packaged food is the reality of the day but so is the growing burden of disorders like obesity, diabetes and heart ailments. We are trying to ensure food safety by bringing changes in regulations and undertaking other initiatives,” an official said. Also, the FSSAI and the ministry are trying to work along side with the food companies to bring about nutrient profiling in restaurants so that the customers have a knowledge about what they are going to eat.

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Another major the FSSAI is looking at is the growing consumption of junk food foods. They are focussing on curbing the availability of junk food and those high on sugar, salt and trans-fat in and around schools to prevent obesity and other issues in children.